

Santa Cruz City Schools COE

Monday	Tuesday	Wednesday	Thursday	Friday	Nutrients
Feb - 4	Feb - 5	Feb - 6	Feb - 7	Feb - 8	Avg Nutrients Target
Bosco Stick's	Chicken Tacos	Chicken & Waffles Spicy	Teriyaki Chic Nodle Bwl	Turkey Submarine Sandw	Cals... 778 100%
CARROT STICKS	Taco Topper	CELERY STICKS	CELERY STICKS	Doritos, baked	Chol... 65 mg 65%
APPLES, 125CT 1c	CARROT STICKS	ORANGES 1c	APPLES, 125CT 1c	CARROT STICKS	Sodium. 1393 mg
MILK,1% Lowfat Produce	PEARS,FRESH 150ct 1/2	MILK,1% Lowfat Produce	MILK,1% Lowfat Produce	ORANGES 1c	Fiber.. 13.4 g 223%
Milk Chocolate FF Produ	Brownie	Milk Chocolate FF Produ	Milk Chocolate FF Produ	MILK,1% Lowfat Produce	Iron... 5.2 mg 148%
Bosco Sauce Cup	MILK,1% Lowfat Produce		Ranch Dressing PKT	Milk Chocolate FF Produ	Calcium 686.1 mg 240%
	Milk Chocolate FF Produ			Ranch Dressing PKT	Vit A 9889 IU 883%
	Taco Sauce			MUSTARD	Vit C 63.5 mg 423%
				MAYONNAISE	Prot 39.1g 20.1%Cal
					Carb 113.7g 58.4%Cal
					T.Fat 20.8g 24.1%Cal
					S.Fat 7.0g 8.2%Cal

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient.

* - denotes combined nutrient totals with either missing or incomplete nutrient data.

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.