

Santa Cruz City Schools
COE/ Delta COLD
COE

Monday	Tuesday	Wednesday	Thursday	Friday	Nutrients
May - 3	May - 4	May - 5	May - 6	May - 7	Avg Nutrients Target
Peanut Butter & Grape Je Chef's Choice CARROT STICKS APPLES, 125CT 1c Doritos, baked Milk Chocolate FF Produ MILK,1% Lowfat Produce	Wrap, Chinese Chicken Chef's Choice ORANGES 138ct or 1/2c Brownie Milk Chocolate FF Produ MILK,1% Lowfat Produce	Turkey Sandwich Chef's Choice CELERY STICKS BANANAS 150ct 1/2c Doritos, baked Milk Chocolate FF Produ MILK,1% Lowfat Produce	Italian Sandwich (round) Chef's Choice CUCUMBER,RAW ORANGES 1c Doritos, baked Milk Chocolate FF Produ MILK,1% Lowfat Produce	Turkey Hoagie Sandwich Chef's Choice CARROT STICKS APPLES, 125CT 1c Doritos, baked Milk Chocolate FF Produ MILK,1% Lowfat Produce	Cals... 757 100% Chol... 47 mg 47% Sodium... 1215 mg Fiber... 10.8 g 181% Iron... 2.9 mg 83% Calcium 571.4 mg 200% Vit A 7952 IU 710% Vit C 46.1 mg 307% Prot 35.0g 18.5%Cal Carb 107.8g 56.9%Cal T.Fat 22.7g 27.0%Cal S.Fat 6.1g 7.2%Cal

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient.

* - denotes combined nutrient totals with either missing or incomplete nutrient data.

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.