

Santa Cruz City Schools
COE

Monday	Tuesday	Wednesday	Thursday	Friday	Nutrients
Apr - 9	Apr - 10	Apr - 11	Apr - 12	Apr - 13	Avg Nutrients Target
Bosco Stick's	Chicken & Waffles Spicy	Pork Verde Rice Bowl	Chicken Pesto Sandwich	Turkey Submarine Sandw	Cals... 827 100%
CARROT STICKS	CARROT STICKS	Jicama Sticks	Perfect Little Salad lunch	Doritos, baked	Chol... 55 mg 55%
CELERY STICKS	CELERY STICKS	ORANGES 1c	APPLES, 125CT 1c	CARROT STICKS	Sodium. 1513 mg
PEARS,FRESH 150ct 1/2	APPLES, 125CT 1c	Milk Chocolate FF Produ	Milk Chocolate FF Produ	CELERY STICKS	Fiber.. 14.9 g 248%
Milk Chocolate FF Produ	Milk Chocolate FF Produ	MILK,1% Lowfat Produce	MILK,1% Lowfat Produce	APPLES, 125CT 1c	Iron... 4.5 mg 129%
MILK,1% Lowfat Produce	MILK,1% Lowfat Produce	MIik FF PLAIN producers	MIik FF PLAIN producers	Milk Chocolate FF Produ	Calcium651.4* mg 228%
Milk FF PLAIN producers	Milk FF PLAIN producers	Taco Sauce		MILK,1% Lowfat Produce	Vit A 9828* IU 877%
Bosco Sauce Cup	SYRUP,PANCAKE			MIik FF PLAIN producers	Vit C 40.2* mg 268%
				MUSTARD	Sugar 24.5*g 11.9%Cal
				MAYONNAISE	Prot 39.5g 19.1%Cal
					Carb 116.7g 56.4%Cal
					T.Fat 25.2g 27.4%Cal
					S.Fat 6.2g 6.7%Cal

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient.

* - denotes combined nutrient totals with either missing or incomplete nutrient data.

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.